

PSHE STATEMENT OF INTENT

INTENT

The children of Nun Monkton School are provided with an ambitious Personal, Social, Health and Economic education (PSHE) curriculum which allows them to thrive as individuals, learners, family members, friends and members of society. Our PSHE curriculum takes account of the context of the pupils who mainly live in a small village community *without a local shop*, where there is not a great deal of diversity.

At Nun Monkton we promote children's knowledge, self-esteem, emotional wellbeing and resilience, and help them to form and maintain positive relationships. Children are taught to have respect for themselves, and for others, within our local, national and worldwide communities.

Our PSHE curriculum is clearly organised to develop knowledge and understanding progressively and in an age-appropriate way. Three overarching themes of 'Relationships', 'Living in the wider world' and 'Healthy Lifestyles' are broken down into smaller steps (strands) that support children's to:

- have positive and safe relationships with family and friends, respecting themselves and others
- make positive contributions to society, sharing responsibilities, enjoy belonging to a community, have media literacy and digital resilience and good economic wellbeing
- have good physical and mental health within a healthy lifestyle, a supportive understanding of growing and changing and to know how to keep safe

Our curriculum meets the requirements of the Department for Education's statutory **Relationships and Health Education (RSE) guidance**, including the guidance for teaching age-appropriate sex education. It includes added elements which meet the specific needs of our pupils and recognises which strands we need to focus on more than others within the **PSHE Programmes of study**. It also has added elements bespoke to our school context, such as Cow training, and the fact that much PSHE work is done through the Forest School sessions which all pupils take part in. Our programme of SMSC and British Values learning, combine with our Vision, Ethos and school aims in supporting pupils to grow and develop so they can thrive as individuals, learners, family members and members of society.

We support children to have strength of character through providing opportunities that require decision making, informed risk taking, good communication, and opportunities to practice self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local and wider communities, and promote the celebration of, and positive attitudes towards, diversity, equity and inclusion. We encourage honesty, integrity and respect in all relationships, and nurture sensitivity to the needs and feelings of others. We enable children to develop a deepening knowledge of their health and wellbeing, including their mental and physical health. **A strength of our school is pupils' respect for others, but we are aware of the need for learning to focus on the strand of 'Shared responsibilities and communities' and 'Keeping safe' strands with our pupils.**

At Nun Monkton Foundation Primary School, we set the foundations for preparing children to succeed on their journey into adult life, ensuring they are ready for each new stage of their primary education and their transition to secondary school. We support children to develop fully as emotionally mature human beings who can embrace the joys of life and resiliently manage its challenges as decent / valuable members of society

IMPLEMENTATION (What this looks like for children at our School)

Reflecting our vision, aims and context

The vision at our school is **‘to develop emotionally resilient young people who have a positive sense of self and are well prepared to be good citizens of the world.’** The ethos of Nun Monkton Foundation Primary School (including its three key expectations of, “be curious, be brave, believe”) provides the foundations upon which the PSHE curriculum is built. Underpinning all teaching and learning, and daily interactions at our School are the school values set out in our School aims, alongside the Fundamental British Values. Within each day is the embedding of these values to promote kindness, respect and to celebrate difference. Children are taught the protected characteristics within the curriculum, in assemblies and throughout daily interactions as appropriate. In these ways, children develop exemplary learning behaviours within an environment that is safe and secure. This, alongside the intent of our PSHE curriculum, ensures children are highly effective in learning how to have healthy relationships, to be safe and to grow into resilient and kind young people who can contribute well to society.

PSHE lessons are taught throughout the year, focusing on one theme per term. We use a wide variety of strategies to engage and motivate the children and ensure that learning is highly memorable; this is vital as PSHE includes such crucial messages, including around contextual and personal safeguarding. Strategies used include role play, scenarios to discuss, story boards, photographs as a stimulus, inviting relevant visitors into school and debate. Debate is especially important as it promotes meaningful discussion and children need to actually apply their ability to be tolerant and respectful, as they engage with differing viewpoints. In all aspects of PSHE, we give children as much opportunity as possible to put their learning into practice within school and beyond.

Recording learning

Not every lesson results in a physical recording of learning covered. The learning that takes place and the activities done are not always visible to be put in a book. However, each class has a large ‘PSHE floor book’ in which some of the activities covered in PSHE are recorded. The Year 2 – 6 children may use a ‘jotter’ to record their thoughts or reflections on a PSHE, RE, BV, philosophical or other experience or discussion – this is more likely to be used more often by children in Years 4 – 6 as a way of recording their own thoughts and opinions.

IMPACT

- Through the continuing and systematic focus on the PSHE themes pupils learn to behave with respect and care.
- They are better able to reflect and value both themselves and other people, and develop strategies for understanding their self-worth (without being arrogant).
- They are better prepared to meet an increasing range and diversity of people as they move on from Year 6.
- Children will have a good understanding of how to keep themselves safe and who to trust.
- Pupils have a range of known strategies to help them be resilient and cope with setbacks, problems and conflicts as well.

Our PSHE teaching and learning supports the following school aims:

- Enable children to develop an **understanding of the wider world** through learning and exposure to a **variety of cultures, ideas and beliefs, respecting and recognising individuality and diversity.**
- Enable children to become **independent and confident** learners; **well-rounded** characters who are **self-aware, reflective and resilient** individuals
- **Care for and about each other**, be **courteous and empathetic**, showing **respect and understanding** towards everyone.
- Encourage everyone to have **high expectations of themselves and others, supporting and challenging** everyone to **achieve** their best, developing a strong **work ethic, self-motivation** and taking **pride** in their achievements.
- Create a **safe and stimulating** place where children are **happy and enthusiastic** learners, where they learn how to keep themselves **safe and healthy**, able to **communicate** & work in a **team**, developing **confidence and life skills** together.
- Provide a **wide range of interesting and exciting learning opportunities** to **enthuse** everyone to be lifelong learners, through engagement in a curriculum that instils **values for life** and **prepares pupils** for wherever their journey takes them as adults.